



Palm-Free Soap

Made from olive oil, coconut oil, cocoa butter and shea butter

This recipe will make 500g or 1lb of soap before curing. To make a larger batch just scale up to the amount you need.

	g	oz
Coconut Oil	150	4.8
Olive Oil	275	8.8
Cocoa Butter	50	1.6
Shea Butter	25	0.8
Water	190	6.1
Lye	71	2.3
Fragrance (Optional)	15	0.5

- 1 Weigh out your water and lye
- 2 Carefully add your lye to the water and cover immediately. Place in a well ventilated area to cool.
- 3 Weigh out the olive oil. Weigh out the coconut oil and leave to cool.
- 4 In a large bowl or bucket, add the lye solution to the oils and blend until trace.
- 5 If you want to add fragrance, blend it in now.
- 6 Pour the soap mixture into a lined mould.
- 7 Insulate if you wish and leave overnight to set up.
- 8 Next day, cut into bars and leave to cure for 6-8 weeks.